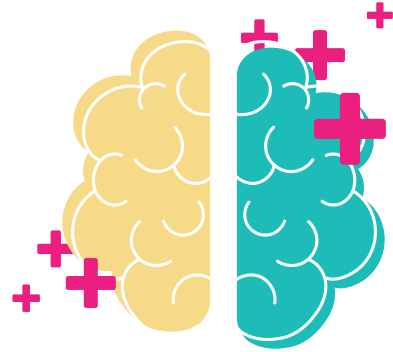


WORK2BEWELL

QUICK START GUIDE

WHAT IS IT?

- Digital hub (website) www.work2bewell.org
- Student driven movement
- Clinically vetted curriculum
- Awareness, education and anti-stigma campaign



WHY SHOULD WE GET INVOLVED?

- Move upstream in your community to address teen mental health concerns
- Free clinically vetted resources focused on issues that matter to teens
- Reduce teen suicide and suicidal ideation
- Empower students to address their mental health concerns and drive change in their communities
- Opportunity for teens to lead in their state around teen mental health issues

HOW CAN WE GET INVOLVED?

- Your school can apply to be a Work2BeWell School at work2bewell.org
- Create a Work2BeWell student group at your school, to activate and educate students
- Identify a school administrator or teacher to sponsor the student group
- Encourage students, teachers and staff to use the Work2BeWell curriculum on our site (anyone can access and deliver the curriculum!)
- Invite Work2BeWell to do a workshop for students at your school
- Post on social media #work2bewell